



Point Cook Senior

TERM 2 Newsletter

**MADE FOR THE COMMUNITY,
BY THE STUDENTS**



**4th Edition
26th June 2020**

address: Cnr Boardwalk Boulevard & Bergamot Drive, Point Cook, Vic, 3030
postal: PO Box 6520, Point Cook, Vic, 3030

Principal's Report

Respect Effort Responsibility

School Vision: Every student will be supported through high quality teaching and learning practices in achieving successful outcomes and a pathway of their choice.

Strive for Success – Attend Today Achieve Tomorrow

Victorian Chief Health Officer Message to Parents

I am writing to Victorian parents, carers and students today to seek every family's support in slowing the spread of coronavirus (COVID-19) in Victoria.

As the school holidays approach, we can't ease up on looking after ourselves and our families. The only thing between us and a second wave is what we do next.

Wherever you go, please be mindful of the risks.

Be aware others may be carrying the virus and practice physical distancing.

We are currently experiencing the highest case numbers we've seen in more than two months. Current evidence suggests that the rise in case numbers in Victoria is being driven by families having get-togethers and not following advice around physical distancing and hygiene.

Unfortunately, we are still in a pandemic and people's lives are still at risk. As we've seen across the world, this virus has the ability to turn a small number of cases into hundreds in a matter of days.

This is not where we want to be and we must all act now – while we can.

This is why we've had to implement a number of revised restrictions. The number of visitors you can have at your home is now reduced to five. Outside the home, families and friends can meet in groups up to ten.

This is how each and every member of the community can help:

- Stay safe while out in the community.
- Stay safe at home. And that means only seeing those you need to. Don't have big family gatherings and remember to keep your distance and maintain good hygiene.
- Don't share food or drinks.
- If you, or anyone in your family is feeling unwell – stay at home. Don't visit friends and family. Don't go on holiday if you are unwell and don't go to work. Don't send your kids to school, childcare or kindergarten if they are unwell - stay home.
- And if you have symptoms, get tested.

Principal's Report (cont.)

The vast majority of Victorians are doing the right thing, but this is a wake-up call and we cannot be complacent.

It's up to all of us to keep our friends and families safe.

For current information and updates on coronavirus (COVID-19) visit the Victorian Government's coronavirus website: www.dhhs.vic.gov.au/coronavirus



If anyone in your family has any of the symptoms of coronavirus (COVID-19), however mild, they should stay at home, seek advice and get tested.

These symptoms include fever, chills or sweats, a cough, a sore throat, shortness of breath or runny nose, or loss of sense of smell or taste. For more information about where to get tested visit the getting tested for coronavirus web page.

If you're concerned yourself or a family member has contracted the virus and need more information, please call the 24-hour coronavirus hotline on 1800 675 398.

together we are creating a healthy school

**Adj Clin Prof Brett Sutton
Victorian Chief Health Officer**

achievement
program



A Message From The SRC

Hey everyone! What a long term it's been and now it's finally come to an end.

The sudden requirement to adapt to a different learning lifestyle through online learning was a battle for most, however - no matter the outcome - well done to every single one of you for patiently holding up and trying to adapt to your best capacity to these sudden circumstances.

Most importantly, a big thank you to all the teachers, who have had to dedicate extra time to catering for online teaching, putting their most into trying to provide the best learning environment through online learning and the parents who have tried their best to encourage and be there for their children during these times. The efforts and thoughts of everyone involved have been greatly appreciated!

As we transitioned back to school towards the end of Term 2, we, as a student leadership team, have decided to refer to our leadership team as the Student Representative Council, otherwise known as the SRC. This decision was mainly based on making leadership feel more inclusive to everyone with terms most are familiar with.

Through this change we want all students to feel that being part of the student voice does not have a required criterion that they must adhere to, but rather that each and every student has an equal opportunity to be a part of student voice.

If you are interested in joining the SRC, we will be having regular meetings each Monday at lunch, in Room 603.

While Term 2 may not have been an exciting term for most of us, the SRC have some exciting events planned for Term 3, such as Spirit Week, in hopes to increase our motivation and student spirit. We will be ensuring that we adhere to the restrictions while still bringing you fun and thrilling events, so please stay tuned for more information about these upcoming events, and feel free to come to our meetings to suggest more ideas!

After such a long term, I'm sure these holidays mean a great deal to all of us, so I hope everyone has a pleasant and adventurous break while staying safe. While some studying and revision might be necessary during this break for some of us, don't forget to take care of your mental and physical wellbeing because that will always come first.



**Stay safe while making the most of this break,
Jumaan Shehna,
School Vice-Captain
On behalf of the SRC team.**

QUARANTUNES

An Isolated Music Festival

FREE

**12-25
YEARS OLD**



HIP HOP DANCE CLASS

WEDNESDAY 1 JULY • 12PM TO 1PM

Join us for a fun and inclusive hip hop dance workshop organised by L2R via Zoom.

The session is suitable for all levels combining the freshest dance moves with classic jams!

Sign up via: www.hobsonsabay.vic.gov.au/quarantunes

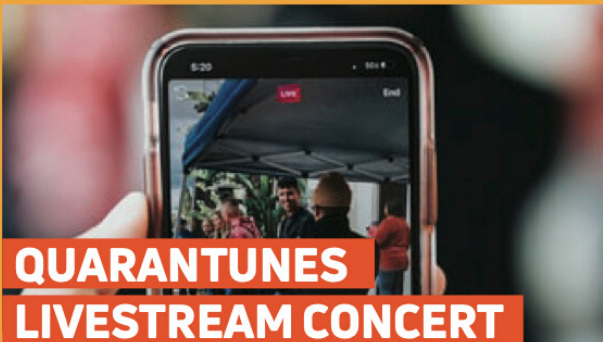


MUSIC AND AUDIO PRODUCTION WORKSHOP

MONDAY 22 JUNE • 4.30PM TO 5.30PM

In this 3-week program develop your sound design skills and learn the basic techniques to help produce high quality music and audio material.

Registrations essential



QUARANTUNES LIVESTREAM CONCERT

SATURDAY 27 JUNE • 3PM TO 4PM

via *Hobsons Bay UP Instagram*

Westside FFreeZA are hosting a livestream with your favourite local artists. Join us via Instagram in the comfort of your own home!



SONGWRITING COMPETITION

ENTRIES OPEN MONDAY 29 JUNE

Are you a musician aged 12 to 25 years old and live, work or study in Hobsons Bay? Enter our songwriting competition, one young person has the chance to WIN.

Please visit www.hobsonsabay.vic.gov.au/quarantunes for competition guidelines.

Register at www.hobsonsabay.vic.gov.au/quarantunes



A Message From The LRC

Hi there. We just wanted to let you know about some great new young adult fiction we've received over the last few months.

- **'Again Again'** by E. Lockhart
- **'The End Of The World Is Bigger Than Love'** by Davina Bell
- **'The Dark Tide'** by Alicia Jasinska
- **'The Schoolmaster's Daughter'** by Jackie French
- **'Goldfields Girl'** by Elaine Forrestal
- **'The Year The Maps Changed'** by Danielle Binks
- **'The Verindon Alliance'** by Lynne Stringer
- **'Worse Things'** by Sally Murphy
- **'The Tell'** by Martin Chatterton
- **'Please Don't Hug Me'** by Kay Kerr
- **'When It Drops'** by Alex Dyson
- **'How To Grow A Family Tree'** by Eliza Henry-Jones
- **'Peta Lyre's Rating Normal'** by Anna Whateley
- **'Deep Water'** by Sarah Epstein
- **'Taking Down Evelyn Tait'** by Poppy Nwosu
- **'Beyond Belief'** by Dee White
- **'Wink'** by Rob Harrell
- **'Hello Strange'** by Pamela Morrow
- **'If I'm Being Honest'** by Emily Wibberley & Austin Siegemund-Broka



Keep looking out for our regular Facebook posts with more news from the LRC.

Also, we're always happy for feedback about our collection and any book suggestions you have for us :)

Kind regards,
LRC staff (Maxim & Shelly)

VCAL English

HOLOCAUST SURVIVOR PAUL GRINWALD SPOKE TO YEAR 12 SENIOR VCAL STUDENTS (VIA ZOOM) TO SUPPORT THEIR STUDY OF TWO HOLOCAUST TEXTS

Paul was a child in Paris when Germany invaded France. He and his Jewish family spent the war in hiding being helped by many people.

He contributes his survival to those who chose to hide him rather than turn him over to the Nazis.

"My biggest takeaways from this session are how people went out of their way to help Paul's family, and how difficult it would have been for them to always be on the run, especially when Paul and his sister were separated from their parents. Paul is exactly like everyone else but was targeted by the Nazi Germans just because of his religion."

- Matty Smith

"My takeaway was that Paul doesn't forgive the Germans but at the same time not all Germans were bad because he is still thankful for what some Germans did for his family.

He never gave up on an education and was capable of studying at university.

He opened up to his wife and told her what happened after 30 years of marriage because he was still traumatised and emotional about telling his story."

- Francoise Atanga and Samiyah Ali

"Paul depicted the true human nature of a person, being the search for freedom and hope. I believe the testimonial shared with us makes us realise as human beings amidst our current global tragedies that our past is what shapes our futures.

Thankfulness was my biggest takeaway; this was a wake-up call for us teenagers and an awakening for us all. An eye opener, I was truly touched."

- Olivia Margeta



Triple P

POSITIVE PARENTING PROGRAM ONLINE IS NOW FREE TO ALL VICTORIAN FAMILIES

The Victorian Government has funded the online [Triple P – Positive Parenting Program](#) for all Victorian families, providing access to expert parenting advice during these challenging times.

The program is the online version of the Triple P Program that was developed in Australia and successfully implemented around the world.

Families can now access free expert parenting advice through the online [Triple P – Positive Parenting Program](#).

The program is relevant to families with children between 2 and 16 years and provides strategies to deal with specific challenges, such as building children’s resilience and dealing with conflict.

There are courses specifically for parents of toddlers to tweens, and for parents of pre-teens to teens.

It gives parents strategies to:

- raise happy, confident kids
- manage misbehaviour so everyone in the family enjoys life more
- set rules and routines that everyone respects and follows
- encourage positive behaviour
- take care of themselves as a parent
- feel confident they’re doing the right thing.

[Sign up to the Triple P program via their website.](#)

More Information

For more information, visit the [Triple P – Positive Parenting Program](#), or contact **Janice Robertson** on:

- email: janice.robertson@dhhs.vic.gov.au
- phone: 03 9096 5016.

*together we are creating a
healthy school*

achievement
program



Holiday ACTION

Monday 29 June to Friday 10 July 2020



12 TO 17
YEAR OLDS ONLY

JOIN US FOR SOME ONLINE FUN
FREE GIVEAWAYS AND COMPETITION PRIZES TO BE WON.

Wyndham City Youth Services operates the Holiday Action program each school holidays for young people that live, work, attend school or socialise in the Wyndham area between the ages of 12 - 17.

Young people can participate in leisure & recreational activities in an environment which is safe, supportive & lots of fun.

BOOKINGS OPEN 9AM ON MONDAY 15 JUNE 2020

FOR ANY QUESTIONS OR CONCERNS, CALL THE YOUTH RESOURCE CENTRE ON 8734 1355 OR EMAIL HOLIDAYACTIONENQUIRIES@WYNDHAM.VIC.GOV.AU

wyndhamcity
Youth Services

29 JUNE - 3 JULY

TEENAGE HOLIDAY PROGRAM FOR 12 TO 17-YR-OLDS ONLY



SKATE COMPETITION ENTRIES OPEN

FREE

MONDAY 29 JUNE | 9AM

Show us your best moves on your scooter/skateboard/bike/skates. The winner will receive a \$500 street machine voucher, and the runner up will receive a \$200 voucher for Ozmosis.

How to enter:

Take a photo of you performing your best move on your scooter/skateboard/bike/skates.

ENTRIES CLOSE SUNDAY 12AM 5 JULY

WINNER WILL BE ANNOUNCED FRIDAY 10 JULY

6-10 JULY

TEENAGE HOLIDAY PROGRAM FOR 12 TO 17-YR-OLDS ONLY



CRAFT DAY: DIY DREAMCATCHERS

FREE

MONDAY 6 JULY | 12PM-1.30PM

Join us for a live online video tutorial using Microsoft teams.

Get your FREE kit ready and follow along

Microsoft teams links will be sent via email provided on enrolment form

FREE

CUPCAKE CREATIONS

WEDNESDAY 8 JULY | 12PM-1PM

Put your apron on, get your FREE pack ready and join cake creations by Kate for a live tutorial.

Things they will need from home are as follows:

- 115g butter
- 3 eggs
- 1/2 cup full cream milk
- Cupcake tray
- Spoons
- Oven
- Spatula and whisk

Microsoft teams links will be sent via email provided on enrolment form



FREE

DIY RAINBOW BATH FIZZ AND BATH SALTS

WEDNESDAY 1 JULY | 12PM -1PM

Join us for an online video call using Microsoft Teams.

Get your FREE pack ready and follow along

Microsoft teams links will be sent via email provided on enrolment form



SKATE COMPETITION WINNER ANNOUNCED

FREE

FRIDAY 10 JULY | 2PM

Winner of the skate competition will have their photo shared on the Youth in Wyndham Facebook page and Instagram and also receive a \$500 street machine voucher. Runner up will receive a \$200 Ozmosis voucher.

CLICK HERE TO BOOK ONLINE NOW

BOOKINGS OPEN 9AM MONDAY 15 JUNE 2020

SEE BACK FOR ENROLMENT PROCEDURES

In It For Autism

A MESSAGE FROM YEAR OUR VERY OWN 12 VCAL STUDENTS

Dear staff, students and our community,

I am a representative of the Year 12 VCAL cohort who have been working on a large scale project to raise money for families with autism.

I would like to inform you that our whole cohort has been working on a "Point Cook Senior Cooking Website" for our PDS classes so we can share cultural meals from across the world and subsequently raise money for families with autism.

Our cooking website has over 70 recipes from breakfast, lunch, dinner and dessert menus from different cultures across the world. Clicking on a recipe will show you instructions with a video attached of how to make it.

The money that is raised goes to "Autism Spectrum Australia - Aspect Australia" which then goes on to families facing financial difficulties to access tailored education for their children. The link to our fundraiser can be found below.

www.initforautism.org.au/fundraisers/baileydeal/pds-year-12-food-fundraiser

Our goal is to reach \$1000 which will financially support five families with financial relief for children with autism. The families will be able to continue their tailored education with assistance for extra expenses.

This website will be shared to the Point Cook Senior school community for everyone to access. Users will have access to a range of cultural meals from around the world.

Please browse through the site below and have fun cooking with your families!

sites.google.com/education.vic.gov.au/pds-cooking-project/

We hope that the services that we provide will encourage users to donate and help raise awareness for those living with autism.

*Thank you for your support,
Jeremiah Sagele*

Recipe for a fundraiser

Students from Point Cook Senior Secondary College are cooking up a charity project.

The school's year 12 VCAL personal development skills students are creating a website with breakfast, lunch and dinner recipes for other students, their families and college staff.

VCAL teacher Callan McDonald said the students were also running a fundraising campaign for Autism Spectrum Australia.

The school community will be asked to donate to the campaign, in return for access to the online cookbook.

Mr McDonald said that while the online cookbook would not be accessible to the wider community, the students were hoping Wyndham residents would also contribute donations.

He said that before starting the cookbook, the students nominated groups they wanted to raise money for, and then voted for one.

Mr McDonald said the VCAL students had contributed about 60 recipes, including some from different cultural backgrounds, to the online cookbook.

"I think the fact that everyone is contributing their own pages and working within a team to do their own unique contribution is something which the students are really enjoying," he said.

Mr McDonald said the VCAL project has already raised more than \$400 for Autism Spectrum Australia, prompting the students to change their original fundraising goal from \$500 to \$750.

The students are aiming to finalise their total fundraising sum after the upcoming school holidays.

Details: www.initforautism.org.au/fundraisers/baileydeal/pds-year-12-food-fundraiser.



Alesha Capone

Year 12 student Bailey checks out some recipes. (Joe Mastroianni) 209990_01

Year 10 CAEP

FEATURED IS STUDENT NATESHA GALEA'S OUTSTANDING WORK

Hi, this is Natesha.

I'm going to tell you a brief summary of my video presentation for CAEP.

This task was to present two things I did during quarantine and talk about what they are and how they relate to my life in quarantine. I chose to draw a set of pictures and write a set of poems and merge them together in a creative way for my presentation.

The first picture and poem shows a story which can be interpreted differently by each viewer, but my relation to it stems deep down into a story of a more ruinous and dire situation.

The picture and poem shows a sense of desperation and dullness to bring an imagery of how I view the outside world and the effects Coronavirus had on the general population and how we were all supposed to still get stuff done and know what we should do while still putting ourselves at risk. To sum this up in one word, I would say it displays 'urgency.'

The second picture and poem displays the feeling of being misguided through the topic of mathematics.

It shows the stress of peer pressure and trying to keep up with others in an unfavourable subject.

I felt like I misapprehended the subject I was learning and I couldn't really get the one-on-one help that I felt I needed during quarantine.

To conclude this rollercoaster of events, I ended it

boldly with an event I experienced during quarantine that I felt would shake the rest of my life out of balance forever. I had developed RSI (repetitive strain injury) which affects movement in the wrist and causes nerves in the hand to hurt with certain movements. I did some research about this at the time and I found some information, particularly the need for surgery that would help fix the problem but would make the hand less usable. This problem has minimised through time but while experiencing this I felt pressured in completing my task, seeing that the deadline was drawing near. I was sure to display despondency, sorrow and mystery in my last drawing and poem.

You could say I was overdramatic throughout these tasks but each holds a different sense of irony that I believe all of us have at least experienced once through the journey of new change through quarantine.

Whether life will go back to normal or stay the same - just remember to stay safe during Covid-19.



See the rest of Natesha's work in her presentation:

fuse.education.vic.gov.au/?RY7ZF9

THE BREAKFAST everyone is welcome CLUB

Our Breakfast Program has been supporting students in need for 9 years now!

Not only does our program provide students with a fulfilling breakfast to start their day with, but it also improves student wellbeing, supporting their outcomes.

Everyone is welcome to attend and enjoy a free breakfast and a carefree environment to start their school day.



Join us and build positive relationships with staff and students!

Where? Room 312

When? Fridays 8:00am - 8:30am

Alumni Program

OUR ALUMNI PROGRAM IS HAVING CONTINUED SUCCESS

It's been a fantastic past few weeks, with teachers, students and alumni embracing the many innovations we've introduced to adapt to the social distancing restrictions.

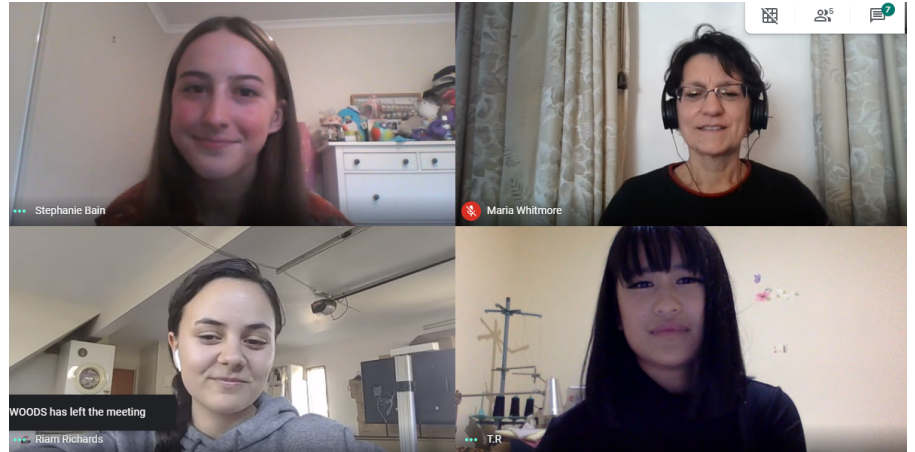
INTERACTIVE ONLINE ALUMNI SESSIONS

Buoyed by great feedback from the Year 12 Media students' live alumni link-up, our Year 12 Studio Arts class did the same with 2019 alumni Stephanie Bain and Riarn Richards and 2016 alum Sabrina Zor.

Each alum had relatable stories, and was able to provide our Year 12s reassurance, insights and plenty of practical tips.

We are in the process of recruiting alumni to take part in three live interactive sessions next term – one session each for our Year 10, 11 and 12 STEM Advisory groups.

With more than 80 alumni registered on our database, we continue to grow a diverse and rich alumni base from which to select wonderful alum.



PRE-RECORDED INTERVIEWS WITH ALUMNI

With Year 10 and 11 career planning activities just around the corner, instead of bringing alumni on campus, eight of our alumni are participating in pre-recorded Q & As, geared to either VCE or VCAL courses. The series of videos is near completion and will be shown to our students next term, and will soon be available for public viewing on the school's alumni webpage.

We've also recorded interviews with great mates, 2013 alumni Philip Nestorovic and Dylan Stinten, who had personal challenges at school, yet have forged themselves successful careers. We hope their stories inspire and motivate our disengaged students.



SOCIALLY-DISTANCED ALUMNI SESSIONS

2019 alum, Adam Coustley, who is completing a Bachelor of Arts and Bachelor of Teaching (Film and TV studies) at Swinburne, spent time (at a safe distance) with our Year 11 and 12 students, offering insider advice and feedback on their folio projects.

Alumni Program

FIND OUT HOW TO JOIN

Our Numbers Are Growing:

We continue to profile alumni on our [Alumni Facebook](#) and [LinkedIn](#) pages, where our followers continue to grow.



If you have a LinkedIn profile, make sure you include Point Cook Senior Secondary College as your school, and you'll be part of the alumni group.

We welcome all past students, who can find out more about the Ourschool alumni program [here](#) or by emailing us at alumni@pointcooksenior.vic.edu.au

Casual Day Fundraiser

On Friday the 19th of June, the students of the school were treated to a fun casual dress day, organised by the student leaders on our student leadership team.

After a long school term with online learning, this was a great way for us to celebrate being back at school!

Our students were very generous, and we were able to raise \$525 in donations, with the proceeds going towards Black Dog Institute.

The Black Dog Institute are the only medical research institute in Australia to investigate mental health across the lifespan, with the aim to create a mentally healthier world for everyone.

Due to COVID-19 and the need for self-isolation, the student leaders acknowledge the impact that online learning has had on everyone, both student and staff alike, hence the choice of Black Dog Institute as our selected charity.

Once again, we would like to thank the student body for helping with the donations to Black Dog Institute. Over these holidays, we hope that everyone will look after yourself, and to come back to Term 3 refreshed and ready to tackle the new semester head on!



**Black Dog
Institute**

REMINDERS

KEY DATES TERM 3

13 July Term 3 Commences

22 July Year 10 into Year 11 & Year 11 into
Year 12 Virtual Parent Info Evening

29 July Year 10 Course Confirmation Day
No Year 10 classes

31 July Course Selection Forms Due for:
- Year 10 into Year 11
- Year 11 into Year 12

05 Aug Year 9 into Year 10 Virtual
Open Night
Aspire/STAMP Virtual Parent
Information Evening

06 Aug Year 12 VTAC Parent Information
Evening

20 Aug Curriculum Day

21 Aug Course Selection Forms Due for
Year 9 into Year 10

02 Sept Hobsons Bay Division Athletics

09 Sept GAT for all students studying
Unit 3 and 4 subjects

17 Sept Parent/Teacher Interviews (Evening)

18 Sept Parent/Teacher Interviews (Morning)

Please note that due to COVID-19, these dates are likely to change.

We ask that you stay updated through Compass reminders.

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achievement
program



RESPECT
EFFORT
RESPONSIBILITY

REMINDERS

ATTENDANCE

Student attendance information is available on Compass, including the option to approve absences and input requests to leave early for an appointment.

Late Arrival To School

Students are requested to use the Compass card to sign in at the Compass Kiosk at the front of the school.

Students who do not have cards can report to the attendance office.

Early Leave

Parent approval is required for any student requesting to leave early. This can be done either by having parents enter approval on Compass or contacting the attendance office.

Students are required to provide a medical certificate when absent from a VCE class or assessment

***Attend Today,
Achieve Tomorrow***



Majority of our communication with parents at PCSSC are made through the Compass Parent Portal.

All parents have a portal account that provides access to:

- reports
- attendance information
- absence requests and approvals
- school photo ordering, teacher email contact
- booking for parent-teacher interviews
- calendar of events
- excursion consent/permissions and
- news items to keep you updated with what is going on.

If you are a CSEF (Camps, Sports & Excursions Fund) recipient, please contact the school before consenting to any event so that we can adjust the costing.

To access your account:

1. go to the College's homepage: www.pointcooksenior.vic.edu.au

2. click on the Compass Portal icon.

OR directly go to Compass login: pointcooksenior.vic.jdlf.com.au/Login.aspx

If you are having trouble accessing your account,

click on the "Can't access your account" and follow the prompts to access it using your username, email address or mobile number.

If you need guidance on how to navigate the Compass Portal,

please contact the school or see the 'Compass Help' page on the school website.



29 JUNE - 3 JULY

**TEENAGE HOLIDAY PROGRAM
FOR 12 TO 17-YR-OLDS ONLY**



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**Enrolment
PROCEDURE**

BOOKINGS OPEN 9AM MONDAY 15 JUNE 2020

BOOKINGS CLOSE 12PM MONDAY 29 JUNE 2020

- There are limited places for each day
- You will receive an email confirmation if you have been successful in enrolling
- Enrolments are taken on a 'first in, first served' basis.

Free packs are available for pick-up from the Youth Resource Centre (86 Derrimut Road Hoppers Crossing) between 9am – 5pm on Tuesday 23 June and Thursday 25 June. If you require packs to be delivered please contact us at holidayactionenquiries@wyndham.vic.gov.au before Friday 19 June

**CLICK HERE
TO BOOK
ONLINE NOW**



Community health centres

Information, referral, counselling and support groups

cohealth 9377 7100
(North/West/CBD) cohealth.org.au

Djerriwarrh Health 5367 2000
(Bacchus Marsh, Melton djhs.org.au
Caroline Springs)

IPC Health 9296 1200
(Brimbank, ipchealth.com.au
Wyndham, Hobsons Bay)

Income support

Ring Centrelink on **136 150** and ask for an appointment with a social worker

Emergency accommodation

Crisis Contact Centre **1800 627 727**

Yarra Community Housing **1800 825 955**

Melbourne Youth Support **9614 3688**

Support for victims/survivors of sexual assault

WestCASA **9687 5811**

CASA House **9635 3610**

Victims of Crime **1800 819 817**

Support for men who want to change their behaviour

Men's Referral Service **1300 766 491**

MensLine Australia **1300 789 978**

LifeWorks **1300 543 396**

Other useful services

WIRE **1300 134 130**

Kids HelpLine **1800 551 800**

Parentline **13 22 89**

Relationships Australia **8311 9222**



Women's Health West

P 9689 9588

E info@whwest.org.au

W www.whwest.org.au

Current as at July 2016

Life without family violence



English

If you need an interpreter

First ring the Telephone Interpreter Service

13 14 50 (24 hours)

24 HOUR

EMERGENCY NUMBERS

POLICE - 000

SAFE STEPS FAMILY VIOLENCE RESPONSE CENTRE

1800 015 188

SEXUAL ASSAULT CRISIS AND COUNSELLING LINE

1800 806 292

These services may be able to help you

Family violence support services

Women's Health West provides information, counselling, crisis and court support for women and children affected by family violence

P: 9689 9588

W: whwest.org.au

inTouch Multicultural Centre Against

Family Violence supports women from diverse backgrounds who are experiencing family violence

P: 1800 755 988

W: intouch.asn.au

Elizabeth Morgan House Aboriginal

Women's Services provides support for Aboriginal women in relation to family violence

P: 9482 5744

W: emhaws.org.au

Community legal services

communitylaw.org.au

Brimbank **8312 2000**

Flemington/Kensington **9376 4355**

Footscray **9689 8444**

Melbourne **9328 1885**

Melton **9747 5240**

Moonee Valley **9376 7929**

Werribee **9749 7720**

Magistrates courts

Broadmeadows **9221 8900**

Melbourne **9628 7777**

Sunshine **9300 6200**

Werribee **9974 9300**

Other legal services

Aboriginal Family Violence Prevention & Legal Service

1800 105 303

Women's Legal Service **8622 0600**

Court Network **1800 681 614**

RE-CYCLE YOUR CYCLE



Bicycle Donations Needed

**DO YOU HAVE AN OLD,
UNWANTED BICYCLE YOU
NO LONGER NEED OR USE?**

Preserve the environment and donate it to the **West Metro Community Work Team's Fix the Cycle Program!**

In the program young offenders are taught to repair, refurbish and overhaul old and disused bikes. Once completed, **the bicycles are donated to community members who most benefit** from a sustainable method of free private transport, such as teenagers coming from disadvantaged backgrounds and refugee families who are newly settled in Australia.

**For donations contact
the CW Team on:
1300 389 518**







**Westmetro.communitywork
@justice.vic.gov.au**





Could \$500 help you with school costs?

Join Saver Plus and we'll match your savings, dollar for dollar, up to \$500 for school costs.

-  laptops & tablets
-  lessons & activities
-  uniforms & shoes
-  books & supplies
-  sports fees & gear
-  camps & excursions

To join Saver Plus, you must be at least 18 years or over, have a child at school or attend vocational education yourself, have regular income from paid employment (you or your partner), have a current Health Care or Pensioner Concession Card and be in receipt of an eligible Commonwealth social security benefit, allowance or payment*



* many Centrelink payments are eligible, please contact your local Coordinator for more information.

Saver Plus is an initiative of the Brotherhood of St Laurence and ANZ, delivered in partnership with Berry Street, The Benevolent Society and The Smith Family and other local community agencies. The program is funded by ANZ and the Australian Government Department of Social Services. Go to www.dss.gov.au for more information.

Contact

your local Saver Plus Coordinator

Phone or SMS

your name and postcode to 1300 610 355

Email

WerribeeSP@thesmithfamily.com.au

Online

saverplus.org.au

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